Mrs. Ostertag, Principal PH 513-471-4530 www.stteresa.net

BRUIN NEWSLETTER

St. Teresa of Avila School • October 29 2026

ATHLETIC NEWS

Reminder from the St. Teresa Athletic Association

Athletic Uniforms are not permitted to be worn on out of uniform days at school. In an effort to maintain the quality of our uniforms and get as many seasons as we can out of them, we ask that our jerseys and uniforms not be worn for anything other than games.

Also, if you have old uniforms that were not collected, please turn these into the school office. The STAA policy is that a player can not play their next sport until previous uniforms have been turned in. We appreciate your cooperation in this effort to maintain our uniforms for future seasons!

CALENDAR

Thursday October 29
Happy Birthday Mr. Cowans!

Friday, October 30
Mass 8:30 AM
Trunk or Treat!

Saturday, October 31
Happy Halloween!

Sunday, November 1
All Saints Day
SJB Youth Group Mass at 9:00 AM
Meeting from 10-12:00, Undercroft

Monday, November 2
NO SCHOOL

Tuesday, November 3
NO SCHOOL -Teacher In-Service Day

Wednesday, November 4
Lets Stock The School! See Flyer

Thursday, November 5
Lets Stock The School! See Flyer

Sra. Ostertag, Directora PH 513-471-4530 www.stteresa.net

BRUIN NOTICIAS CARTA

Colegio Santa Teresa de Ávila - 29 de Octubre 2026

NOTICIAS ATLÉTICAS

Recordatorio de la Asociación Deportiva de Santa Teresa No está permitido llevar los uniformes deportivos en los días en que no es obligatorio llevar uniforme en el colegio. Con el fin de mantener la calidad de nuestros uniformes y poder utilizarlos el mayor número de temporadas posible, pedimos que las camisetas y los uniformes no se utilicen para ningún otro fin que no sean los partidos. Además, si tenéis uniformes antiguos que no se hayan recogido, por favor, entregadlos en la secretaría del colegio. La norma de la STAA establece que un jugador no podrá participar en su próximo deporte hasta que haya entregado los uniformes anteriores. ¡Agradecemos vuestra colaboración en esta iniciativa para conservar nuestros uniformes de cara a futuras temporadas!

CALENDARIO

Jueves, 29 de octubre
¡Feliz cumpleaños, señor Cowans!

Viernes, 30 de octubre
¡Trunk or Treat!

Sábado, 31 de octubre
¡Feliz Halloween!

Domingo, 1 de noviembre
Misa del Grupo Juvenil de SJB a las 9:00 de la mañana Reunión de 10:00 a 12:00, en Undercroft

Lunes, 2 de noviembre
NO HAY CLASES

Martes, 3 de noviembre
NO HAY CLASES - Jornada de formación del profesorado

Miércoles, 4 de noviembre
¡Vamos a abastecer el colegio! Mira el folleto

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 SJB Youth Group Mass at 9:00 AM Meeting from 10-12:00, Undercroft All Saints Day	2 NO SCHOOL All Souls' Day	3 NO SCHOOL Election Day Teacher In-Service Day	4 Let's Stock The School!	5 Let's Stock The School! PTG Meeting @ 7:00 PM in Cafeteria	6 Mass 8:30 AM	7
8	9 Days of Giving!	10 Days of Giving! **Dine to Donate**	11 Days of Giving!	12 Days of Giving!	13 Days of Giving! Mass 8:30 AM	14
15	16 Days of Giving!	17 Days of Giving! Picture Retake 	18 Days of Giving!	19 Days of Giving!	20 Days of Giving! Mass 8:30 AM Report Cards Go Home/ Award Assembly After Mass	21 8th Grade HSPT (Parents Register @ High Schools)
22	23 Thanksgiving Break NO SCHOOL	24 Thanksgiving Break NO SCHOOL	25 Thanksgiving Break NO SCHOOL	26 Happy Thanksgiving! 	27 Thanksgiving Break NO SCHOOL	28
29 1st Sunday of Advent	30 School Resumes					

Notes

November 4th &5th Let's Stock The School! (Out of Uniform- See Flyer)



November 9-12th & 16-19th Days of Giving (Out of Uniform- See Flyer)



Thanksgiving Break November 23-27th Classes Resume November 30th.

NOVEMBER 2026
Bruin Cafe Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 **NO SCHOOL**	3 **IN-SERVICE DAY NO SCHOOL**	4 **Breakfast:** Graham cracker, cereal, fruit, juice **Lunch:** Hot dog on a bun, baked beans, fruit	5 **Breakfast:** Pancake on a stick, cereal, fruit, juice **Lunch:** Chicken nuggets, broccoli, roll, fruit	6 **Breakfast:** Bagel with cream cheese, cereal, fruit, juice **Lunch:** Cheese pizza, carrots, string cheese, fruit
9 **Breakfast:** Animal crackers, cereal, fruit, juice **Lunch:** Cheeseburger/bun, baked beans, fruit	10 **Breakfast:** Granola bar, yogurt, cereal, fruit, juice **Lunch:** Pepperoni pizza, bread, carrots, fruit	11 **Breakfast:** Graham cracker, cereal, fruit, juice **Lunch:** Mac n cheese, salad, roll, fruit	12 **Breakfast:** Waffle, cereal, fruit, juice **Lunch:** Chicken strips, corn, roll, fruit	13 **Breakfast:** Bagel with cream cheese, cereal, fruit, juice **Lunch:** Cheese breadsticks, cauliflower, string cheese, fruit
16 **Breakfast:** Animal crackers, cereal, fruit, juice **Lunch:** Chicken fajita, salsa with chips, refried beans, fruit	17 **Breakfast:** Granola bar, yogurt, cereal, fruit, juice **Lunch:** Taco quesadilla, carrots, fruit	18 **Breakfast:** Graham cracker, cereal, fruit, juice **Lunch:** Calzone, salad, garbanzo beans, fruit	19 **Breakfast:** Pancake on a stick, cereal, fruit, juice **Lunch:** Chicken patty/bun, fries, fruit	20 **Breakfast:** Bagel with cream cheese, cereal, fruit, juice **Lunch:** Cheese pizza bread, celery, fruit
23 **THANKSGIVING BREAK NO SCHOOL**	24 **THANKSGIVING BREAK NO SCHOOL**	25 **THANKSGIVING BREAK NO SCHOOL**	26 **THANKSGIVING BREAK NO SCHOOL**	27 **THANKSGIVING BREAK NO SCHOOL**
30 **Breakfast:** Animal crackers, cereal, fruit, juice **Lunch:** Chicken quesadilla, carrots, fruit				

*Breakfast includes milk *Lunch includes chocolate or white milk *USDA is an equal opportunity provider, employer and lender *Menu subject to change without notice

TRUNK OR TREAT

FRIDAY, OCTOBER 30, 2026

AT ST. TERESA OF AVILA

DECORATING A TRUNK?

If you are participating by decorating a trunk and passing out candy:

You MUST arrive by 6:30 PM

You CANNOT leave until 9:00 PM

This is for the safety of all of our trick-or-treaters!

CHILDREN MUST BE SUPERVISED

Children must remain with an adult.

Parents will be called if a child is found without adult supervision.

7:00 - 8:00 PM TRICK OR TREAT!

Candy will be handed out from decorated trunks.

8:00 - 8:20 PM COSTUME & TRUNK AWARDS!

Winners will be announced for:

- Funniest Costume
- Scariest Costume
- Best Costume
- Most Creative Costume
- Coolest Costume
- BEST TRUNK!

8:25 - 9:00 PM STICK AROUND & HAVE FUN!

Enjoy each other's company and spend time with our school community!

PIZZA $10 EACH

Choose Pepperoni or Cheese!

Place your order and we'll deliver it to you!

YOU CAN REGISTER ON PTBOARD!

Just scan the QR code!

TRUCO o TRATO

VIERNES, 30 DE OCTUBRE DE 2026

EN ST. TERESA DE ÁVILA

¿QUIERES DECORAR UN MALETERO?

Si vas a participar decorando un maletero y repartiendo dulces:

Debes llegar antes de las **6:30 PM**

NO puedes irte hasta las **9:00 PM**

¡Esto es por la seguridad de todos nuestros niños!

LOS NIÑOS DEBEN ESTAR SUPERVISADOS

Los niños deben permanecer con un adulto.

Se llamará a los padres si se encuentra a un niño sin la supervisión de un adulto.

7:00 – 8:00 PM ¡TRUCO O TRATO!

Se repartirán dulces en los maleteros decorados.

8:00 – 8:20 PM ¡CONCURSO DE DISFRACES Y MALETEROS!

Se anunciarán los ganadores de:

- Disfraz más divertido
- Disfraz más aterrador
- Mejor disfraz
- Disfraz más creativo
- Disfraz más increíble
- ¡MEJOR MALETERO!

8:25 – 9:00 PM ¡QUÉDATE Y DIVIÉRTETE!

¡Disfruta de la compañia de los demás y pasa tiempo con nuestra comunidad escolar!

PIZZA

$10 CADA UNA

¡Pepperoni o queso!

¡Haz tu pedido y te la entregaremos directamente!

¡TE PUEDES REGISTRAR EN PTBOARD!

¡Solo escanea el código QR!



ST TERESA WALKATHON



WE GIVE THANKS TO OUR SPONSORS

CINCY JUNK BUSTERS
JUNK REMOVAL & CLEAN OUTS
513-405-6515

ALLRED GROUP

COLDWELL BANKER REALTY

Jennie Drumm
513-478-0991

Fr. Mike Bidwell

Anonymous Donor T.

GERARD HEATING & AIR

Anonymous Donor P.

ST. JOHN BOSCO
ST. LAWRENCE • ST. TERESA OF AVILA • ST. WILLIAM • RESURRECTION OF OUR LORD

The Writely Sew

Benefiting the Aubrey Rose Foundation

THREE'S A TREAT **TACO'S TIME**

SEIFERTS SPORTS CENTER

THANK YOU FOR MAKING THIS EVENT POSSIBLE

ST TERESA WALKATHON

WE GIVE THANKS TO OUR PRIZE DONORS

Cincinnati Zoo & Botanical Garden

Seton High School

LASALLE HIGH SCHOOL

First Watch

St. Xavier

SUA

Urban Air Adventure Park

Tri-State Running Company

Reds™

bcm at Devou

Behringer-Crawford Museum

Delshire Swim Club

FC Cincinnati

Dewey's

Kendra Scott

Perfect North Slopes

THANK YOU FOR MAKING THIS EVENT POSSIBLE

SCHOOL SUPPLIES NEEDED



Let's Stock the School!

St. Teresa School is in need of:

- Disinfectant Wipes
- Paper Towels
- Tissues

Students can bring in any of these items on November 4th and 5th and come out of uniform.

THANK YOU!

ST. TERESA of Avila School

MATERIALES ESCOLARES NECESARIOS



¡Vamos a llenar el colegio de material!

El colegio Santa Teresa necesita:

- Toallitas desinfectantes
- Toallas de papel
- Pañuelos de papel

Los alumnos pueden traer cualquiera de estos artículos en
Los días 4 y 5 de noviembre, ven sin uniforme.

¡GRACIAS!

ST. TERESA of Avila School

VOLUNTEERS NEEDED!

NOVEMBER

Lunch & Recess

Scan here to sign up!

LUNCH 11AM-12:30PM

RECESS 11-11:40AM & 12-12:45PM

MUST BE SAFE PARISH COMPLIANT!

PLEASE REACH OUT TO STTERESARECESSVOLUNTEERS@GMAIL.COM WITH QUESTIONS



¡SE NECESITAN VOLUNTARIOS!

NOVIEMBRE

Almuerzo y recreo

¡Escanea aquí para registrarte!

ALMUERZO DE 11:00 A 12:30 H. RECREO DE 11:00 A 11:40 H Y DE 12:00 A 12:45 H.

¡DEBE CUMPLIR CON LAS NORMAS DE SEGURIDAD PARROQUIAL!

SI TIENE ALGUNA PREGUNTA, PÓNGASE EN CONTACTO CON STTERESARECESSVOLUNTEERS@GMAIL.COM.



WHAT ARE YOU GRATEFUL FOR TODAY?

Gratitude — Seeing God in the Goodness Around Us



ST JOHN BOSCO YOUTH GROUP
SPIRIT | SERVICE | SOCIAL

RSVP:

SCAN ME!

JR HIGH YOUTH GROUP MEETING
SUNDAY, NOVEMBER 1
9 AM MASS/MEET 'TIL 12 PM
ST TERESA OF AVILA

ST. TERESA

PARENT TEACHER GROUP

TOGETHER WE MAKE A DIFFERENCE

SECOND PTG Meeting

THURSDAY
NOVEMBER 5, 2026
7:00 PM

ST. TERESA OF AVILA SCHOOL CAFETERIA



Students will earn
1 FREE
out of uniform day
with parent attendance
at the meeting.

The homeroom with the
HIGHEST PERCENTAGE
of parent attendance
will win a
DONUT PARTY!



FOR PARENTS!

SPLIT-THE-POT
You could
go home a
winner!

PROGRESSIVE ATTENDANCE
2 GIFT CARD WINNERS
WILL BE DRAWN
throughout the meeting!

AGENDA ITEMS WILL INCLUDE:

- RECAP OF FALL FLOWER SALE AND WALK-A-THON
- DISCUSS THANKSGIVING PARADE AND BRUIN CHRISTMAS
- VOLUNTEER OPPORTUNITIES
- FUNDRAISERS

Your involvement makes a difference!

WE HOPE TO SEE YOU THERE!

ST. TERESA

GRUPO DE PADRES Y MAESTROS (PTG)

JUNTOS HACEMOS LA DIFERENCIA

SEGUNDA Reunión del PTG

JUEVES
5 DE NOVIEMBRE DE 2026
7:00 PM

CAFETERÍA DE LA ESCUELA SANTA TERESA DE ÁVILA



Los estudiantes ganarán
1 DÍA GRATIS
de fuera de uniforme con la asistencia de un padre a la reunión.

El salón de clases con el
MAYOR PORCENTAJE
de asistencia de padres ganará una
¡FIESTA DE DONAS!



¡PARA PADRES!



DIVISIÓN DEL BOTE
¡Podrías llevarte a casa el premio!



ASISTENCIA PROGRESIVA
Se sortearán 2 ganadores de tarjetas de regalo durante la reunión.

LOS TEMAS DE LA AGENDA INCLUIRÁN:

- RESUMEN DE LA VENTA DE FLORES DE OTOÑO Y EL WALK-A-THON
- HABLAR SOBRE EL DESFILE DE ACCIÓN DE GRACIAS Y BRUIN CHRISTMAS
- OPORTUNIDADES DE VOLUNTARIADO
- RECAUDACIONES DE FONDOS

¡Tu participación hace la diferencia!

¡ESPERAMOS VERTE ALLÍ!

World's Greatest Reubens

SINCE Izzy's 1901

DINE TO DONATE

Benefitting

ST. TERESA OF AVILA PTG

TUESDAY, NOVEMBER 10TH

4PM – 8PM

WESTERN HILLS LOCATION
5098 Glencrossing Way
Cincinnati, OH 45238

10% OF SALES

Bring this flyer or mention this fund raiser and St. Teresa of Avila will receive 10% of sales.

World's Greatest Reubens®

SINCE Izzy's 1901

CENA PARA APOYAR

en beneficio de

ST. TERESA DE AVILA PTG

MARTES, 10 DE NOVIEMBRE

4PM – 8PM

UBICACIÓN DE WESTERN HILLS
5098 Glencrossing Way
Cincinnati, OH 45238

10% DE LAS VENTAS

Traiga este volante o mencione esta recaudación de fondos y St. Teresa de Avila recibirá el 10% de las ventas.

CALLING ALL 8TH GRADE ARTISTS!

OF

ST. LAWRENCE

ST. TERESA OF AVILA

ST. WILLIAM

ROMERO ACADEMY



CHRISTMAS CARD

CONTEST

SHARE YOUR ARTISTIC GIFTS, CELEBRATE YOUR FAITH, AND HELP US SPREAD THE JOY OF CHRIST'S BIRTH THIS CHRISTMAS!

ST. JOHN BOSCO FAMILY OF PARISHES
2026 CHRISTMAS CARD DESIGN CONTEST

We invite all 8th grade students from our four Catholic schools in the St. John Bosco Family to participate in a special Christmas Card Design Contest!

The winning artwork will be featured on the official 2026 St. John Bosco Family of Parishes Christmas card, sharing the joy and true meaning of Christmas with our parish community.

Theme: Celebrating the Birth of Christ
Your artwork should reflect the religious meaning of Christmas and the Catholic faith. We encourage you to be creative and thoughtful in how you portray the birth of our Savior.

Possible inspirations include:

- The Nativity of Jesus
- The Holy Family
- The journey of Mary and Joseph to Bethlehem
- The shepherds and angels
- The Three Wise Men and the Star of Bethlehem
- The light, hope, peace, and joy that Christ brings into the world

These are simply suggestions. We encourage students to express their faith through their own artistic interpretation.

Submission Deadline: Thursday, November 5, 2026
All entries must be submitted to your school office by the deadline.

Selection of the Winning Design
Entries will be evaluated based on:

1. Religious significance: How well the artwork reflects the true meaning of Christmas.
2. Creativity and originality: A unique and thoughtful artistic interpretation.
3. Authenticity: Evidence of the student's own imagination, personal expression, and artistic effort.
4. Overall presentation: Visual appeal and suitability for a printed Christmas card.

Our goal is to celebrate authentic student artwork, not artistic perfection. We value creativity, sincerity, and personal expression.

Contest Rules & Guidelines

- Eligibility: Open to all 8th grade students attending St. Teresa of Avila, St. Lawrence, St. William, and Romero Academy at Resurrection.
- Original, Hand-Created Artwork Only: All artwork must be created entirely by the student. Artificial intelligence (AI), digital illustrations, tracing, or copying existing artwork are not permitted. Students may look to religious art for inspiration, but their submissions must reflect their own creativity and artistic abilities.
- Artistic Medium: Any traditional artistic medium is welcome, including colored pencils, markers, watercolor, acrylic paint, charcoal, pastels, ink, and mixed media.
- Artwork Size: All submissions must be created on 8.5"x11" paper in portrait (vertical) or landscape (horizontal) orientation to accommodate reproduction on the Christmas card. Please keep a margin around all sides of the design making the final piece 8"x10".
- Religious Theme: Designs must clearly reflect the Catholic celebration of Christmas and the birth of Jesus Christ. Secular Christmas themes alone, such as Santa Claus, reindeer, or presents, will not qualify.
- Presentation: Artwork should be complete and suitable for reproduction on a printed Christmas card. Students are encouraged to use thoughtful composition and color while allowing their individual artistic styles to shine.
- One Entry Per Student: Each student may submit one original design.
- Student Identification: Please include your full name, school, and homeroom **on the back** of your artwork.
- Do not place your name on the front so submissions can be judged anonymously.

The Winning Artwork

- The winning design will be featured on the 2026 St. John Bosco Family of Parishes Christmas card, with recognition given to the student artist and their school.

Questions?
Please ask your teacher to contact Mrs. Williams at 513-921-9200 x117 or mwilliams@wscatholic.org

ST. TERESA GIRLS BASKETBALL

REGISTRATION IS OPEN!!!

In person sign-ups are in the gym on the following days:

- 10/18/26: from 5PM – 6 PM
- 10/25/26: after mass – 11:30 AM

Scan to register

Deadline to register is 11/10/26 at 11:59 PM

Late registrations will not be accepted.

ELDER BAND
MATTRESS FUNDRAISER

SATURDAY, NOVEMBER 14TH | 10AM-4PM @ THE HIGH SCHOOL



OPEN TO THE PUBLIC!

SCAN ME

PURCHASE YOUR MATTRESS FROM STUDENTS!

Questions? **Cincinnati@CFSBeds.com**

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