

BRUIN NEWSLETTER

St. Teresa of Avila School • April 30 2026



PTG NEWS

Don't miss next week's PTG Meeting!

Join us at **6:00 PM** in the Undercroft for:

- Free coats
- Uniform exchange
- Graeter's ice cream social
- Childcare provided

The official meeting will begin at 7:00 PM, including voting for next year's PTG Board.

We hope to see you there!

ATHLETIC NEWS

Board Volunteers Needed!

Athletics is looking for volunteers to step up and be a part of the St. Teresa Athletics Board! Board members attend monthly meetings, discuss ways to improve our sports programs, and make decisions by asking themselves: How does this benefit the kids? If you think you are interested in helping steer the direction of the St. Teresa Athletics program, reach out to Sean Brown at SBrown513@gmail.com or 513-383-9005 to be considered for election to the board. We are looking for two candidates this year.

Voting will take place on May 21 from 7 PM - 8 PM in the undercroft, with the elected being announced during our 8 PM Meeting. You do not need to be present to be elected!

CALENDAR



Thursday, April 30

5 & 8 State Science Test
Last PTG meeting of the year 7pm

Friday, May 1

Mass 8:30 am -May Crowning

Saturday, May 2

Sunday, May 3

9:00 am 1st Communion

Monday, May 4

Happy Birthday Mrs. Artmayer!
Teacher Appreciation Week
Second Grade Only- NO SCHOOL
TODAY

Tuesday, May 5

Map Math
Cinco de Mayo!

Wednesday, May 6

Happy Birthday Mr. Mileti
National School Nurses Day!
Map Reading

Thursday, May 7

Ar Incentive Day
Grade 8 Advanced Algebra Testing

Friday May 8

Field Day



Sra. Ostertag, Directora PH 513-471-4530 www.stteresa.net

BRUIN NOTICIASCARTA

Colegio Santa Teresa de Ávila - 30 de Abril 2026

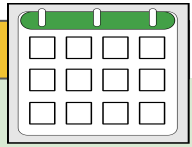
PTG NOTICIAS

¡No te pierdas la reunión del PTG de la semana que viene! Acompáñanos a las 6pm en el Undercroft para: • Entrega gratuita de abrigos • Intercambio de uniformes • Merienda con helados de Graeter's • Servicio de guardería disponible. La reunión oficial comenzará a las 7pm e incluirá la votación para elegir a la junta directiva de la PTG del próximo año. ¡Esperamos verte allí!

NOTICIAS ATLÉTICAS

¡Se buscan voluntarios para la junta directiva! ¡El departamento de deportes busca voluntarios que den un paso al frente y formen parte de la Junta Directiva de Deportes de St. Teresa! Los miembros de la junta asisten a reuniones mensuales, debaten formas de mejorar nuestros programas deportivos y toman decisiones preguntándose: ¿Cómo beneficia esto a los niños? Si crees que te interesa ayudar a marcar el rumbo del programa deportivo de St. Teresa, ponte en contacto con Sean Brown en SBrown513@gmail.com o en el 513-383-9005 para que se te tenga en cuenta para la elección a la junta. Este año buscamos dos candidatos. La votación tendrá lugar el 21 de mayo, de 19:00 a 20:00, en el sótano, y los resultados se darán a conocer durante nuestra reunión de las 20:00. ¡No es necesario estar presente para ser elegido!

CALENDARIO



Jueves, 30 de abril

Examen estatal de ciencias de 5th & 8th curso
Última reunión del PTG del año, a las 7pm

Viernes, 1 de mayo

Misa a las 8:30 Coronación de mayo

Sábado, 2 de mayo

Domingo, 3 de mayo

9:00 am Primera Comunión

Semana de agradecimiento a los profesores
Solo para segundo curso: HOY NO HAY CLASES

Lunes, 4 de mayo

¡Feliz cumpleaños, señora Artmayer! Semana de agradecimiento a los profesores
Solo para segundo curso: HOY NO HAY CLASES

Martes, 5 de mayo

Matemáticas con mapas Cinco de Mayo!

Miércoles, 6 de mayo

Feliz cumpleaños, señor Miletì

¡Día Nacional de las Enfermeras Escolares!
Lectura de mapas

Jueves, 7 de mayo

Día de Incentivos de Ar Examen de álgebra avanzada de 8.º curso

Viernes, 8 de mayo

Jornada deportiva

Dear Bruin Family,

After 21 school years, the time has come for me to close this current chapter of my life at St. Teresa of Avila School. During that time, I have worked in the school office with three different principals and four pastors. I have been given the awesome opportunity to meet some incredible students, families, faculty and staff. I have been blessed to watch your children and families grow. My last day in the office will be Friday, May 22nd. I am proud of the work I have done here and am grateful to God for my time at St. Teresa.

One part of my job that has brought me great satisfaction has been the EdChoice program. I began working with EdChoice from its inception 19 years ago. It was a new program that required a lot of work, but with that effort has come a sense of purpose. I have watched with excitement as new students and their families have come to our school to pursue a quality education; but mostly, to welcome them into a Christ centered community. I have witnessed how our school has enriched many young lives; not only academically, but also spiritually. It brings great joy every year as our second graders receive their sacraments and our junior high students are confirmed. It was also especially moving when non-Catholic students (and even some family members) have decided to join the Catholic faith because of their time at St. Teresa.

It is true that the Saint Teresa community is a family. I have loved watching how you care for one another, plan events, volunteer your time to help in school, with sports or in the parish; and especially how you rally around those in need. I have seen first- hand your generosity and your compassion. Giving of your time and talents is a special gift.

During my years at St. Teresa, I have been committed to serving and supporting our students, their families, our faculty and staff. I hope that I have touched some of your lives in a positive way. May you always be wrapped in God's love and graced with His countless blessings.

With Love and gratitude,

Lisa Hingsbergen



Dear St. Teresa Families,

Next week, our students will be taking the Spring MAP test in both reading and math:

Tuesday, May 5th: Math Test

Wednesday, May 6th: Reading Test

As we get ready for these tests, below are some ideas for what to discuss with your student(s) on the days leading up to the test! Encouragement (a pep talk, if you will) from home can go a long way in reminding students that they are more than just a test score, and to simply try their best :).

- Remind them to take their time, that they have worked hard to prepare for these tests, and they are ready!
- Remind them that you and their teachers believe in them!
- Remind them that difficult questions are a good thing. The test is pushing them and questions will become more difficult with each correct response, so they needn't get discouraged.
- Remind them to read the directions thoroughly, to read each question twice, and to read every answer choice before selecting the correct answer(s).
- Before the **math test**: Remind them that they should use the scrap paper they are given to work out the problems.
- Before the **reading test**: Remind them that this is a lot of reading, and that they can do it! They have read longer passages before.

Finally, please remember that it is very important that students get a good night's sleep, have a nutritious breakfast, and arrive at school **ON TIME**.

Thank you for your support at home!

Best,

Jennifer Ostertag
Principal



Estimadas familias de St. Teresa:

La semana que viene, nuestros alumnos realizarán la prueba MAP de primavera, tanto en lectura como en matemáticas:

Martes, 5 de mayo: Examen de matemáticas

Miércoles, 6 de mayo: Examen de lectura

Mientras nos preparamos para estos exámenes, a continuación te ofrecemos algunas ideas sobre qué temas puedes tratar con tus hijos en los días previos a la prueba. Un poco de ánimo (una charla motivadora, por así decirlo) desde casa puede ser de gran ayuda para recordarles que son mucho más que una simple nota en un examen, y que simplemente den lo mejor de sí mismos :).

- Recuérdales que se tomen su tiempo, que han trabajado duro para prepararse para estos exámenes y que están listos.
- ¡Recuérdales que tanto tú como sus profesores creéis en ellos!
- Recuérdales que las preguntas difíciles son algo positivo. El examen les está exigiendo un esfuerzo y las preguntas se irán complicando con cada respuesta correcta, así que no deben desanimarse.
- Recuérdales que lean atentamente las instrucciones, que lean cada pregunta dos veces y que lean todas las opciones de respuesta antes de seleccionar la respuesta o respuestas correctas.
- Antes del **examen de matemáticas**: Recuérdales que deben usar el papel de borrador que se les ha entregado para resolver los problemas.
- Antes de la **prueba de lectura**: Recuérdales que hay mucho que leer, ¡pero que pueden hacerlo! Ya han leído pasajes más largos antes.

Por último, recuerden que es muy importante que los alumnos duerman bien por la noche, tomen un desayuno nutritivo y lleguen al colegio **A TIEMPO**.

¡Gracias por tu apoyo desde casa!

Saludos,

Jennifer Ostertag
Principal

St. Teresa of Avila School • 1194 Rulison Avenue • Cincinnati, Ohio 45238

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FIELD DAY LUNCH

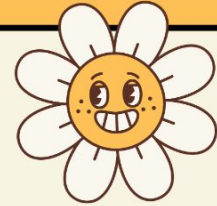


FRIDAY, MAY 8, 2026



Please bring in 1 of the items listed for your child(ren)'s class to share with the school. PTG will provide hot dogs. Please let us know of any dietary restrictions

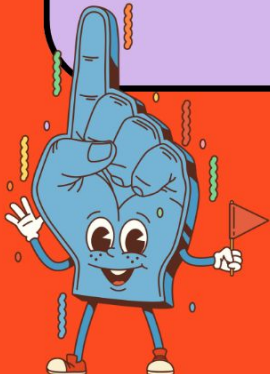
Preschool, Kindergarten & 5th Grade
Snacks - chips, goldfish, pretzels
Individual sized bags



1st and 2nd Grades
Fruit - apples, oranges, bananas
Easy to eat please!



7th and 8th Grades
Sports drinks - Gatorade, Powerade, Body
Armour
Small bottles



3rd, 4th & 6th Grades
Dessert Snacks - Cookies, dessert bars, fruit
snacks
Individually wrapped



ST. TERESA OF AVILA PTG



Join Our Parent Teacher Group!

Be a part of what makes our school community so special!
The PTG helps support our students, teachers, and school events—
and we'd love for you to join us.

NOW OPEN POSITIONS!

- Vice President
- Communications
- Treasurer
- Recording Secretary



Why Join PTG?

- ✓ Support fun school events & activities
- ✓ Connect with other families
- ✓ Make a positive impact on our school

Interested?

Contact us today to learn more or to sign up!

✉ gogreenptg@stteresa.net

Together, we make our Bruin community stronger! 

PTG MEETING INVITATION

Final Meeting!

— APRIL 30, 2026 | 7:00 PM —

CHILDCARE PROVIDED

VOTING FOR NEXT YEAR'S BOARD POSITIONS

SPLIT THE POT — PROGRESSIVE ATTENDANCE



ICE CREAM SOCIAL!



PTG, REUNIÓN INVITACIÓN

¡Reunión final!

— 30 DE ABRIL DE 2026 | 19:00 —

SE OFRECE SERVICIO DE GUARDERÍA.

**VOTACIÓN PARA LOS CARGOS DE LA JUNTA
DIRECTIVA DEL PRÓXIMO AÑO**

REPARTIR EL BOTE: ASISTENCIA PROGRESIVA



¡FIESTA DE HELADOS!





St. Teresa Soccer!

The St. Teresa Bruins Soccer Program is now accepting players for our upcoming fall season! We welcome both Girls and Boys to join our soccer family. No experience is required!

Register online at: sports.bluesombrero.com

Soccer is a fantastic way for kids to learn, grow, stay healthy, and gain valuable life lessons. Here are the top reasons to play soccer:

- Physical Fitness: Soccer helps improve cardiovascular health, strength, and agility.
 - Teamwork: Players learn to work together, fostering a sense of community and collaboration.
 - Discipline: The sport teaches discipline through regular practice and adherence to rules.
 - Confidence: Achieving goals and improving skills boosts self-esteem.
 - Fun: Soccer is an enjoyable way to stay active and make new friends.
- Our program focuses on learning the fundamentals, fostering team spirit, and working together.

We would love to have you come play with us and be part of our amazing community. Let's make this season unforgettable!

Any Questions? Please contact:

Marianne Watson, Boys/Girls Soccer Co-Coordinator:
staasoccer1@gmail.com



¡Fútbol de St. Teresa!

El programa de fútbol de los Bruins de St. Teresa ya está aceptando jugadores para nuestra próxima temporada de otoño! Damos la bienvenida tanto a chicas como a chicos a Únete a nuestra familia futbolística. ¡No se necesita experiencia!

Inscríbete en línea en: sports.bluesombrero.com

El fútbol es una forma fantástica para que los niños aprendan, crezcan, se mantengan sanos y aprender valiosas lecciones de vida. Estas son las principales razones para jugar fútbol:

Condición física: El fútbol ayuda a mejorar la salud cardiovascular, la fuerza, y agilidad.

Trabajo en equipo: Los jugadores aprenden a colaborar, lo que fomenta un sentido de comunidad y colaboración.

Disciplina: Este deporte enseña disciplina a través de la práctica regular y cumplimiento de las normas.

Confianza: Alcanzar los objetivos y mejorar las habilidades refuerza la autoestima.

Diversión: El fútbol es una forma divertida de mantenerse activo y hacer nuevos amigos. Nuestro programa se centra en el aprendizaje de los fundamentos y en fomentar el espíritu de equipo, y trabajando juntos.

Nos encantaría que vinieras a jugar con nosotros y formarás parte de nuestra Una comunidad increíble. ¡Hagamos que esta temporada sea inolvidable!

¿Alguna pregunta? Ponte en contacto con:

Marianne Watson, Coordinador/a de fútbol masculino y femenino:

staasoccer1@gmail.com



Event Details

Date: Friday, May 8, 2026

Time: 8:00 AM – 1:00 PM

Location: St. Teresa of Avila School
1194 Rulison Ave
Cincinnati, OH 4523



We Need Your Help!

We are looking for volunteers to assist with games, activities, and student supervision throughout the day. Whether you can help for an hour or the entire event, your support makes a difference! Join us for a fun filled day and help make Field Day a success for our students!

Important Updates!

We would like to inform you of an important update regarding Field Day this year. In an effort to enhance student safety, all activities will be held on campus, utilizing various areas throughout the school grounds. As a result, we will no longer be traveling to Carson Covedale.



<https://m.signupgenius.com/#!/showSignupUp/10C0945A8A72AA2F8C43-63124892-stteresa>

SIGN UP HERE!

