



# BRUIN NEWSLETTER

St. Teresa of Avila School • April 23 2026

## PTG NEWS

Don't miss next week's PTG Meeting!

Join us at **6:00 PM** in the Undercroft for:

- Free coats
- Uniform exchange
- Graeter's ice cream social
- Childcare provided

The official meeting will begin at 7:00 PM, including voting for next year's PTG Board.

We hope to see you there!

## ATHLETIC NEWS

### Board Volunteers Needed!

Athletics is looking for volunteers to step up and be a part of the St. Teresa Athletics Board! Board members attend monthly meetings, discuss ways to improve our sports programs, and make decisions by asking themselves: How does this benefit the kids? If you think you are interested in helping steer the direction of the St. Teresa Athletics program, reach out to Sean Brown at [SBrown513@gmail.com](mailto:SBrown513@gmail.com) or 513-383-9005 to be considered for election to the board. We are looking for two candidates this year.

Voting will take place on May 21 from 7 PM - 8 PM in the undercroft, with the elected being announced during our 8 PM Meeting. You do not need to be present to be elected!

## CALENDAR



**Thursday, April 23**

**Friday, April 24**

Spirit Day & KONA ICE!

**Saturday, April 25**

Flower Pickup Undercroft

**Sunday, April 26**

**Monday, April 27**

Happy Birthday Mrs. Artmayer!

**Tuesday, April 28**

**Wednesday, April 29**

**1:00 Mass Moved to May 1st**

**Thursday, April 30**

5 & 8 State Science Test

Last PTG meeting of the year 7pm

**Friday, May 1**

Mass 8:30 am -May Crowning

**Spirit Wear link for Gym  
Uniforms and More!**

[www.promoplace.com/stteresa](http://www.promoplace.com/stteresa)





Sra. Ostertag, Directora PH 513-471-4530 [www.stteresa.net](http://www.stteresa.net)

# BRUIN NOTICIASCARTA

Colegio Santa Teresa de Ávila - 23 de Abril 2026

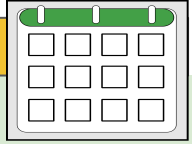
## PTG NOTICIAS

¡No te pierdas la reunión del PTG de la semana que viene! Acompáñanos a las 6pm en el Undercroft para: • Entrega gratuita de abrigos • Intercambio de uniformes • Merienda con helados de Graeter's • Servicio de guardería disponible. La reunión oficial comenzará a las 7pm e incluirá la votación para elegir a la junta directiva de la PTG del próximo año. ¡Esperamos verte allí!

## NOTICIAS ATLÉTICAS

¡Se buscan voluntarios para la junta directiva! El departamento de deportes busca voluntarios que den un paso al frente y formen parte de la Junta Directiva de Deportes de St. Teresa! Los miembros de la junta asisten a reuniones mensuales, debaten formas de mejorar nuestros programas deportivos y toman decisiones preguntándose: ¿Cómo beneficia esto a los niños? Si crees que te interesa ayudar a marcar el rumbo del programa deportivo de St. Teresa, ponte en contacto con Sean Brown en [SBrown513@gmail.com](mailto:SBrown513@gmail.com) o en el 513-383-9005 para que se te tenga en cuenta para la elección a la junta. Este año buscamos dos candidatos. La votación tendrá lugar el 21 de mayo, de 19:00 a 20:00, en el sótano, y los resultados se darán a conocer durante nuestra reunión de las 20:00. ¡No es necesario estar presente para ser elegido!

## CALENDARIO



**Jueves, 23 de abril**

**Viernes, 24 de abril**  
**¡Día del Espíritu y KONA ICE!**

**Sábado, 25 de abril**  
**Recogida de flores en Undercroft**

**Domingo, 26 de abril**

**Lunes, 27 de abril**  
**¡Feliz cumpleaños, señora Artmayer!**

**Martes, 28 de abril**

**Miércoles, 29 de abril**  
**La misa de las 13:00 se ha trasladado al**

**Jueves, 30 de abril**  
**Examen estatal de ciencias de 5th & 8th curso**  
**Última reunión del PTG del año, a las 7pm**

**Viernes, 1 de mayo**  
**Misa a las 8:30 Coronación de mayo**

**Spirit Wear St. Teresa Bruins:**  
**Uniformes de gimnasia y mucho más**  
[www.promoplace.com/stteresa](http://www.promoplace.com/stteresa)





# St. Teresa of Avila School

## May 2026

*"Someone Jesus Loves"*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p><b>1</b></p>  <p>8:30 Mass &amp; May Crowning</p>  <p>Mrs. Geis!</p> <p>Graduation Pictures</p> <p>2<sup>nd</sup> Grade – Jesus Day</p>	<p><b>2</b></p>
<p><b>3</b></p> <p>9:00 am 1<sup>st</sup> Communion</p> 	<p><b>4</b></p> <p>Second Grade Only -No School Today</p>  <p>TEACHERS Teacher Appreciation Week</p> <p>May the Fourth be with you!</p> 	<p><b>5</b></p>  <p>Cinco de Mayo! Election Day</p> <p>MAP Math</p> <p>7 pm Bingo</p>	<p><b>6</b></p> <p>1:00 Mass (6A)</p>  <p>Mr. Milet!</p>  <p>National School Nurse's Day!</p> <p>MAP Reading</p>	<p><b>7</b></p>  <p>AR Incentive Day</p> <p>Grade 8 Advanced Algebra Testing</p>	<p><b>8</b></p>  <p>FIELD DAY</p> <p>Field Day</p>	<p><b>9</b></p>
<p><b>10</b></p>  <p>Happy Mother's Day!</p>	<p><b>11</b></p>  <p>CINCINNATI ZOO &amp; BOTANICAL GARDEN</p> <p>Grades 1 &amp; 8 to the Zoo</p>	<p><b>12</b></p> <p>8<sup>th</sup> Graders Last Day &amp; Graduation Practice</p> <p>7 pm Bingo</p>	<p><b>13</b></p> <p>1:00 Mass (5)</p>  <p>8<sup>th</sup> Grade Prayer Service &amp; Breakfast</p> <p>Grades 3 &amp; 4 to Cincinnati Nature Center</p>	<p><b>14</b></p>  <p>7 pm Graduation</p>	<p><b>15</b></p> <p>Faith Friday!</p> <p>\$2 Out of Uniform (For Mrs. Wuebbling)</p> <p>ALL Library Books Are Due!</p> <p>Last Day of Preschool!</p>	<p><b>16</b></p>  <p>Armed Forces Day</p>
<p><b>17</b></p>	<p><b>18</b></p>	<p><b>19</b></p> <p>7 pm Bingo</p>	<p><b>20</b></p> <p>1:00 (4) Last All School Mass for the Year</p>	<p><b>21</b></p>  <p>Spirit Day!</p> <p>KONA ICE</p>	<p><b>22</b></p> <p>9 AM Awards Assembly in Gym</p> <p>10:00 Dismissal</p>  <p>LAST DAY OF SCHOOL</p>	<p><b>23</b></p> <p>Summer Vacation Begins!</p>  <p>VACATION</p>
<p><b>24</b></p> <p>31</p>	<p><b>25</b></p> <p>Memorial Day</p>  <p>Memorial DAY</p>	<p><b>26</b></p>  <p>HELLO SUMMER</p>	<p><b>27</b></p>	<p><b>28</b></p>  <p>Summer vacation</p>	<p><b>29</b></p>	<p><b>30</b></p> 

# Bruin Cafe

## May 2026

### Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
					<b>1</b>
					Milk Assorted Fruit  Grape Filled Crescent
	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
	Milk Assorted Fruit  Ultimate Breakfast Round	Milk Assorted Fruit  Breakfast Bun	Milk Assorted Fruit  French Toast Grahams Yogurt	Milk Assorted Fruit  Snack n Waffle	Milk Assorted Fruit  Cinnamon Toast Crunch Soft Filled Bar
	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
	Milk Assorted Fruit Chocolate Chip Oatmeal Bar Yogurt	Milk Assorted Fruit Cereal Grahams	Milk Assorted Fruit Mini Bagel's w/ cream cheese	Milk Assorted Fruit Apple Cinnamon Texas Toast	Milk Assorted Fruit Wowbutter E.Z Jammer
	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
	Milk Assorted Fruit Grahams Cereal Bar	Milk Assorted Fruit Muffin Cheese	Milk Assorted Fruit Donut	Milk Assorted Fruit Zee Zee's Cocoa Cherry Bar Yogurt	Milk Assorted Fruit Snack'n Waffle
	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
	Closed Memorial Day	Milk Assorted Fruit Nutri-Grain Bar Grahams	Milk Assorted Fruit Banana Chocolate Chip Oatmeal Bar	Milk Assorted Fruit Cereal Grahams	Milk Assorted Fruit Cinnamon Swirl Roll

"This institution is an equal opportunity provider."

# Bruin Cafe

## May 2026

### Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
					<b>1</b>
					Italian Cheesy Pull Apart Bread Assorted Fruit Carrots Pull Apart Bread Crust Milk
	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
	Beef Hot Dog Assorted Fruit Baked Beans Hot Dog Bun Milk	Chicken Fingers Assorted Fruit Green Beans Cornbread Milk	Walking Taco w/ cheese Assorted Fruit Corn Chips Milk	BBQ Chicken w/ cheese Assorted Fruit Mixed Greens Hamburger Bun Milk	Salisbury Steak w/ gravy Assorted Fruit Sweet Mashed Potatoes Roll(s) Milk
	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
	Turkey Barbacoa /cheese Assorted Fruit Refried Beans Tortilla(s) Milk	BBQ Beef Rib Assorted Fruit Cooked Carrots Hot Dog Bun Milk	Mac-N-Cheese Assorted Fruit Broccoli Breadstick Milk	Chicken Nuggets Assorted Fruit Mashed Potatoes Bread Slice Milk	Mini Cheese Calzone Assorted Fruit Garden Salad Milk
	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
	Burger w/ cheese Assorted Fruit Crinkle Fries Hamburger Bun Milk	Boneless Chicken Wings Assorted Fruit Baked Beans Grahams Milk	Breaded Chicken Patty w/ cheese Assorted Fruit Sweet Potatoes Hamburger Bun Milk	Spaghetti & Meatballs Assorted Fruit Dark Green Salad Breadstick Milk	French Bread Cheese Pizza Assorted Fruit Cucumber Slices Pizza Crust Milk
	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
	Closed Memorial Day	Philly Cheesesteak Assorted Fruit Crinkle Fries Hot Dog Bun Milk	Popcorn Chicken Assorted Fruit Mixed Vegetables Roll Milk	3-Way Chili Spaghetti w/ chese Assorted Fruit Black Beans Crackers Milk	Italian Cheesy Pull Apart Bread Assorted Fruit Broccoli/Marinara Sauce Pull Apart Bread Crust Milk
	"This institution is an equal opportunity provider."				



# ST. TERESA OF AVILA PTG



## Join Our Parent Teacher Group!

Be a part of what makes our school community so special!  
The PTG helps support our students, teachers, and school events—  
and we'd love for you to join us.

### NOW OPEN POSITIONS!

- Vice President
- Communications
- Treasurer
- Recording Secretary



### Why Join PTG?

- ✓ Support fun school events & activities
- ✓ Connect with other families
- ✓ Make a positive impact on our school

### Interested?

Contact us today to learn more or to sign up!

✉ [gogreenptg@stteresa.net](mailto:gogreenptg@stteresa.net)

Together, we make our Bruin community stronger! 

# PTG MEETING INVITATION

**Final Meeting!**

— APRIL 30, 2026 | 7:00 PM —

**CHILDCARE PROVIDED**

**VOTING FOR NEXT YEAR'S BOARD POSITIONS**

**SPLIT THE POT — PROGRESSIVE ATTENDANCE**



**ICE CREAM SOCIAL!**



# PTG, REUNIÓN INVITACIÓN

**¡Reunión final!**

— 30 DE ABRIL DE 2026 | 19:00 —

**SE OFRECE SERVICIO DE GUARDERÍA.**

**VOTACIÓN PARA LOS CARGOS DE LA JUNTA  
DIRECTIVA DEL PRÓXIMO AÑO**

**REPARTIR EL BOTE: ASISTENCIA PROGRESIVA**



**¡FIESTA DE HELADOS!**





## St. Teresa Soccer!

The St. Teresa Bruins Soccer Program is now accepting players for our upcoming fall season! We welcome both Girls and Boys to join our soccer family. No experience is required!

Register online at: [sports.bluesombrero.com](https://sports.bluesombrero.com)

Soccer is a fantastic way for kids to learn, grow, stay healthy, and gain valuable life lessons. Here are the top reasons to play soccer:

- Physical Fitness: Soccer helps improve cardiovascular health, strength, and agility.
  - Teamwork: Players learn to work together, fostering a sense of community and collaboration.
  - Discipline: The sport teaches discipline through regular practice and adherence to rules.
  - Confidence: Achieving goals and improving skills boosts self-esteem.
  - Fun: Soccer is an enjoyable way to stay active and make new friends.
- Our program focuses on learning the fundamentals, fostering team spirit, and working together.

We would love to have you come play with us and be part of our amazing community. Let's make this season unforgettable!

Any Questions? Please contact:

Marianne Watson, Boys/Girls Soccer Co-Coordinator:  
[staasoccer1@gmail.com](mailto:staasoccer1@gmail.com)



## ¡Fútbol de St. Teresa!

El programa de fútbol de los Bruins de St. Teresa ya está aceptando jugadores para nuestra próxima temporada de otoño! Damos la bienvenida tanto a chicas como a chicos a Únete a nuestra familia futbolística. ¡No se necesita experiencia!

Inscríbete en línea en: [sports.bluesombrero.com](https://sports.bluesombrero.com)

El fútbol es una forma fantástica para que los niños aprendan, crezcan, se mantengan sanos y aprender valiosas lecciones de vida. Estas son las principales razones para jugar fútbol: **Condición física:** El fútbol ayuda a mejorar la salud cardiovascular, la fuerza, y agilidad. **Trabajo en equipo:** Los jugadores aprenden a colaborar, lo que fomenta un sentido de comunidad y colaboración. **Disciplina:** Este deporte enseña disciplina a través de la práctica regular y cumplimiento de las normas. **Confianza:** Alcanzar los objetivos y mejorar las habilidades refuerza la autoestima. **Diversión:** El fútbol es una forma divertida de mantenerse activo y hacer nuevos amigos. Nuestro programa se centra en el aprendizaje de los fundamentos y en fomentar el espíritu de equipo, y trabajando juntos.

Nos encantaría que vinieras a jugar con nosotros y formarás parte de nuestra Una comunidad increíble. ¡Hagamos que esta temporada sea inolvidable!

¿Alguna pregunta? Ponte en contacto con:

Marianne Watson, Coordinador/a de fútbol masculino y femenino:

[staasoccer1@gmail.com](mailto:staasoccer1@gmail.com)



## Event Details

**Date:** Friday, May 8, 2026

**Time:** 8:00 AM – 1:00 PM

**Location:** St. Teresa of Avila School  
1194 Rulison Ave  
Cincinnati, OH 4523



## **We Need Your Help!**

We are looking for volunteers to assist with games, activities, and student supervision throughout the day. Whether you can help for an hour or the entire event, your support makes a difference! Join us for a fun filled day and help make Field Day a success for our students!

## **Important Updates!**

We would like to inform you of an important update regarding Field Day this year. In an effort to enhance student safety, all activities will be held on campus, utilizing various areas throughout the school grounds. As a result, we will no longer be traveling to Carson Covedale.



<https://m.signupgenius.com/#!/showSignupUp/10C0945A8A72AA2F8C43-63124892-stteresa>

**SIGN UP HERE!**



**ST. LAWRENCE  
ST. TERESA  
ST. WILLIAM**



# PRESCHOOL ENROLLMENT

**OPEN NOW**

Join us today! We can't wait to welcome your three and four year old into our warm, nurturing community.

- ✓ Outdoor Activities
- ✓ Breakfast & Lunch
- ✓ Catholic Environment
- ✓ Certified Teacher

**ENROLL NOW**

contact preschool director  
**Andrea Ray**  
aray@wscatholic.org  
513-254-8389



**SAN LAWRENCE  
SANTA TERESA  
SAN WILLIAM**



# PREESCOLAR INSCRIPCIÓN

**ABIERTO EN ESTE  
MOMENTO**

¡Únete hoy! Estamos emocionados de recibir a tu pequeño de tres y cuatro años en nuestra comunidad tan cálida y acogedora.

- ✓ Actividades en el exterior
- ✓ Desayuno y comida
- ✓ Ambiente religioso católico
- ✓ Profesor acreditado

**¡ÚNETE AHORA!**

Ponerse en contacto con el director de preescolar.  
**Andrea Ray**  
aray@wscatholic.org  
513-254-8389





**URSULINE ACADEMY**

# VOLLEYBALL CAMP



**2026**



## MAY

- Little Lions (1<sup>st</sup> - 4<sup>th</sup>)
  - ▶ Wednesday, May 6<sup>th</sup>, 13<sup>th</sup>, & 20<sup>th</sup> 6:00-7:30p
- 1<sup>st</sup> Contact Clinic (5<sup>th</sup> - 9<sup>th</sup>)
  - ▶ Wednesday, May 6<sup>th</sup> 4:00-5:30p
- Attacking Clinic (5<sup>th</sup> - 9<sup>th</sup>)
  - ▶ Wednesday, May 13<sup>th</sup> 4:00-5:30p
- Setting Clinic (5<sup>th</sup> - 9<sup>th</sup>)
  - ▶ Wednesday, May 20<sup>th</sup> 4:00-5:30p

## JUNE

- All Skills Camp (7<sup>th</sup> - 9<sup>th</sup>)
  - ▶ June 1<sup>st</sup> - 4<sup>th</sup> 4:00p-6:30p
- All Skills Camp (5<sup>th</sup> - 6<sup>th</sup>)
  - ▶ June 8<sup>th</sup> - 11<sup>th</sup> 4:00p-6:30p

## JULY

- All Skills Camp (5<sup>th</sup> - 8<sup>th</sup>)
  - ▶ July 13<sup>th</sup> - 16<sup>th</sup> 4:00p-6:30p

**REGISTER  
TODAY!**





**URSULINE ACADEMY**

# VOLLEYBALL CAMP



**2026**



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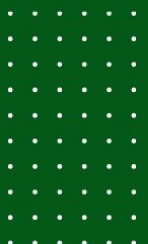
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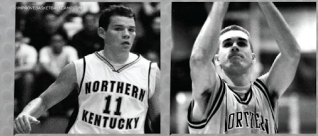
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**REGISTER TODAY!**



**IMPROVE BASKETBALL CAMP**



**Love the game.**

**513-519-7246**

**www.improvebasketballcamp.com**



**West Session**

July 20-23 – Seton High School  
9:00 a.m.-1:00 p.m.

Sponsored by



**PARENTAL PERMISSION INDEMNIFYING RELEASE:**

In consideration of the improve program allowing my child to play basketball in said program, I/we undersigned parents, or legal guardian of \_\_\_\_\_ a minor, do hereby agree as follows: (1) I/We grant permission for said minor to participate in any and all of said program activities. (2) I/We grant to said program, any and all of its coaches, agents, employees or representatives permission to supervise, in a reasonable manner, our minor child in his participation in any and all of said camps activities. (3) I/We hereby release and forever discharge said program, the camp directors, Our Lady of Lourdes, Seton High School, any and all coaches, sponsors, agents, employees or representatives of said organizations, individually as a group or entity, for any and all claims, demands, damages, actions, causes of action, or suits of whatsoever kind and nature which may arise out of participation of my child in said program. (4) I/We further agree to protect the aforesaid individuals, groups, and/or entities against any claims, demands, damages, actions, causes of action, or suits of whatsoever kind and nature which may arise out of participation of my minor child in said program and to reimburse any loss or damages the aforementioned individuals, groups and/or entities may have to pay, if any litigation arises out of participation of my child in said program. (5) I/We further state that to the best of our knowledge is physically fit and able to play basketball. I/We agree to furnish a doctors statement to that effect if requested by a program director. It is understood that this program does not take responsibility for the physical fitness of the players and that as parents/guardians we take responsibility for the physical condition of our minor child. (6) I/We further certify that we have health and hospitalization insurance under which said child is an insured. I further grant the program directors to have my child treated by a physician in the event of illness or injury and I/we cannot be immediately contacted.

Athlete's Signature \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Medical Insurance Coverage \_\_\_\_\_

Plan # \_\_\_\_\_ Date \_\_\_\_\_

**What They're Saying**

*"He can really shoot the ball (Mike Kelsey). He gets it off so quick and it looks like every one of them are going in. I was really impressed with Mike Kelsey. He is one of the best shooters in the country. He made a believer out of me."*

– **Tubby Smith**, former head basketball coach,  
University of Kentucky  
(after Mike Kelsey scored 27 points against the Wildcats on 11-3-04)

*"Mike Kelsey had a plan every summer on how to become a better player, that plan and his work ethic turned him into one of the best ever here at NKU. Mike has the skill and knowledge to help anyone become a better player."*

– **Dave Bezold**, head basketball coach,  
Northern Kentucky University

**IMPROVE BASKETBALL CAMP**

2686 Devils Backbone  
Road Cincinnati, OH 45233