



BRUIN NEWSLETTER

St. Teresa of Avila School • September 11 2025

PTG NEWS

Would you like to volunteer for the Flower Sale? Sign up here:

<https://www.signupgenius.com/go/9040448A9A622A6FB6-58437516-fall>

PTG meeting tonight, 9/11 @ 7pm in the cafeteria. Childcare provided in the gym, Translators available, please bring cash for split the pot! (flyer attached)

PTG Walk-a-thon fundraiser is happening now! This is our biggest fundraiser of the year and all funds raised go towards many great things at our school. These include updating our playground area, mental health support, field trips, and many other fun activities throughout the school year. Donate here:

https://stteresaptg.ptboard.com/cpn/c?s_tore=6994&form=1

CALENDAR



Thursday, September 11

PTG Meeting at 7pm
Athletics Meeting at 8pm

Friday, September 12

Fun Friday! \$1 Out of Uniform

Saturday, September 13

PTG Flower Sale Pickup

Sunday, September 14

Catechetical Sunday
Happy Birthday Mr. Davis!

Monday, September 15

Wellness Week!

Tuesday, September 16

Walk-a-Thon Turn in Tuesday!

Wednesday, September 17

All School Mass 1:00

Thursday, September 18

**Spirit Wear St. Teresa Bruins:
Gym Uniforms and More!**

www.promoplace.com/stteresa





Sra. Ostertag, Directora PH 513-471-4530 www.stteresa.net

BRUIN NOTICIASCARTA

Colegio Santa Teresa de Ávila - 11 de Septiembre 2025

NOTICIAS ESCOLARES

¿Quieres ser voluntario en la Venta de Flores? Inscríbete aquí:

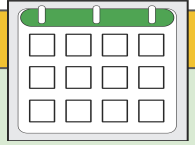
<https://www.signupgenius.com/go/9040448A9A622A6FB6-58437516-fall>

PTG Reunion esta noche, 9/11 @ 7pm en la cafetería. Cuidado de niños en el gimnasio, traductores disponibles, por favor traiga dinero en efectivo para dividir el bote. (volante adjunto)

¡PTG Walk-a-thon recaudación de fondos está sucediendo ahora! Esta es nuestra mayor recaudación de fondos del año y todos los fondos recaudados van hacia muchas cosas grandes en nuestra escuela. Estos incluyen la actualización de nuestra zona de juegos, apoyo a la salud mental, excursiones, y muchas otras actividades divertidas durante todo el año escolar. Dona aquí:

<https://stteresaptg.ptboard.com/cpn/c?store=6994&form=1>

CALENDARIO



Jueves, 11 de septiembre

Reunión del PTG a las 7pm

Reunión del atletismo a las 8pm

Viernes, 12 de septiembre

Viernes de diversión 1\$ sin uniforme

Sabado, 13 de Septiembre

Recogida de Flores PTG

Domingo, 14 de Septiembre

Domingo Catequético

Feliz cumpleaños, Sr. Davis

Lunes, 15 de septiembre

Semana del bienestar

Martes, 16 de septiembre

Martes de entrega del Walk-a-Thon

Miercoles, 17 de Septiembre

Misa escolar a la 1:00

Jueves, 18 de septiembre

**Spirit Wear St. Teresa Bruins:
Uniformes de gimnasia y mucho más**

www.promoplace.com/stteresa



PTG MEETING

THURSDAY,
SEPTEMBER 11, 2025

7pm
Cafeteria

Hear all the great things we have planned for this year!
Learn How to Volunteer – Progressive Attendance Raffle
Split the Pot – Childcare Provided



FROM: School Health Clinic

DATE: 9/11/2025

SUBJECT: School Health Policy

Dear Parent(s) / Guardian(s),

Welcome to the 2025-2026 school year! As we approach the end of summer and are heading into fall and those colder months, I wanted to reach out and remind everyone of the school health policies that we have in place in order to keep everyone safe and healthy throughout the school year. Please see the following below for health concerns your child/children may have throughout the year that would require them to stay home from school and what has to happen in order for them to be able to return.

- Fever: Has to be fever free for 24 hours **WITHOUT** the use of fever reducing medications and has to be able to participate in normal daily activities.
- Vomiting: Has to be 24 hours from last time vomited and is able to handle a normal diet.
- Diarrhea: Has to be 24 hours since the last time they had diarrhea and is able to handle a normal diet.
- Strep: Has to be on an effective antibiotic for 24 hours and symptoms have to be improving.
- COVID-19: Has to be fever free for 24 hours **WITHOUT** the use of fever reducing medication, has to have improving symptoms, and has to be able to participate in normal daily activities.
- Flu: Has to be fever free for 24 hours **WITHOUT** the use of fever reducing medication, has to have improving symptoms, has to be able to handle a normal diet and has to be able to participate in normal daily activities.

If everyone follows these policies, we can all work together to keep everyone safe and healthy during this school year. As always, if you have any questions or concerns please feel free to reach out to me by email at mineer_k@stteresa.net or by calling (513) 471-4530 ext. 126. Thank you for your cooperation in advance and let's have a fantastic 2025-2026 school year!

Thank you,
Kayla Thornton, RN
School Nurse



DESDE: Clínica de Salud Escolar

FECHA: 9/11/2025

ASUNTO: Política de salud escolar

Estimado(s) padre(s)/tutor(es),

¡Bienvenidos al año escolar 2025-2026! A medida que nos acercamos al final del verano y nos dirigimos hacia el otoño y los meses más fríos, quería llegar y recordar a todos de las políticas de salud de la escuela que tenemos en su lugar con el fin de mantener a todos seguros y saludables durante todo el año escolar. Por favor vea lo siguiente para los problemas de salud que su hijo / hijos pueden tener durante todo el año que les obligaría a quedarse en casa de la escuela y lo que tiene que pasar para que puedan volver.

- Fiebre: Tiene que estar sin fiebre por 24 horas **SIN** el uso de medicamentos para reducir la fiebre y tiene que poder participar en las actividades diarias normales.
- Vómitos: Deben haber pasado 24 horas desde la última vez que vomitó y puede seguir una dieta normal.
- Diarrea: Tienen que haber pasado 24 horas desde la última vez que tuvo diarrea y es capaz de llevar una dieta normal.
- Estreptococos: Tiene que estar tomando un antibiótico eficaz durante 24 horas y los síntomas tienen que estar mejorando.
- COVID-19: Tiene que estar sin fiebre durante 24 horas **SIN** uso de medicación antifebril, tiene que presentar mejoría de los síntomas y tiene que poder participar en las actividades diarias normales.
- Gripe: Tiene que estar libre de fiebre por 24 horas **SIN** el uso de medicamentos para reducir la fiebre, tiene que tener síntomas de mejoría, tiene que ser capaz de manejar una dieta normal y tiene que ser capaz de participar en las actividades diarias normales.

Si todos siguen estas políticas, todos podemos trabajar juntos para mantener a todos seguros y saludables durante este año escolar. Como siempre, si usted tiene alguna pregunta o preocupación por favor no dude en ponerse en contacto conmigo por correo electrónico a mineer_k@stteresa.net o llamando al (513) 471-4530 ext. 126. Gracias por su cooperación de antemano y ¡tengamos un fantástico año escolar 2025-2026!

Gracias,
Kayla Thornton, RN
Enfermera escolar



save the date blessing of pets

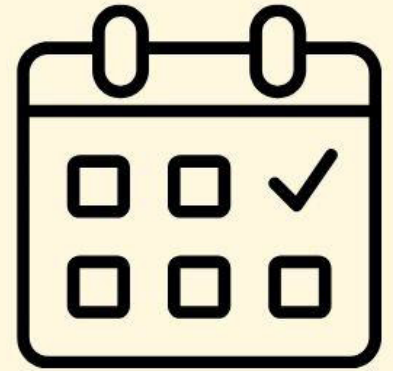
WITH DEACON DAVE STEINWERT
SAT. OCTOBER 4 AT 11:00 AM
ST. TERESA OF AVILA CHURCH

SAVE THE DATE!



September 20th, 2025

Mark your calendars for Picture Day!



**October 2nd,
2025**



DO GOOD WITH CHIPOTLE



CHIPOTLE FUNDRAISER FOR **ST. TERESA OF AVILA SCHOOL**

25% OF EVENT SALES GET DONATED TO THE CAUSE

TUESDAY, SEPTEMBER 23RD | 4-8PM
5201 DELHI RD, CINCINNATI, OH, 45238

ORDER ONLINE FOR PICKUP USING CODE **Z7XRLPR**
OR SHOW THIS FLYER IN RESTAURANT



For online orders to count towards the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.

HAZ EL BIEN CON CHIPOTLE



RECAUDACIÓN DE FONDOS PARA **ST.** **TERESA OF AVILA SCHOOL**

25% DE LAS VENTAS DEL EVENTO SERÁN DONADAS A LA CAUSA

MARTES, SEPTIEMBRE 23º | 4-8PM
5201 DELHI RD, CINCINNATI, OH, 45238

ORDENA EN LÍNEA PARA RECOGER USANDO EL CÓDIGO **Z7XRLPR**
O MUESTRA ESTE VOLANTE EN EL RESTAURANTE



Para que las órdenes en línea se tengan en cuenta para el evento de recaudación de fondos, deberán ser del mismo lugar del evento y realizarse durante las horas del mismo. Las órdenes con servicio de entrega y las realizadas con una tarjeta de regalo no cuentan para el evento. Se requiere un mínimo de \$150 dólares de ventas para recibir cualquier donación.

ST TERESA ATHLETIC ASSOCIATION

November 8TH \$10 at the door .7 pm

@the

CAVE

BRUIN BASH 2025

featuring

**Marsha
BRADY
BAND**

\$5,000 REVERSE RAFFLE

1 FOR \$50 OR 2 FOR \$90

(includes admission)

cash preferred

FOOD, PRIZES, GAMES, BASKET RAFFLES



CASH RAFFLE

BRUIN BASH REVERSE RAFFLE

Win \$5000

1 Ticket for \$50, 2 for \$90 – Only 250 sold!

**First ticket pulled wins \$100, last ticket pulled
wins \$5000**

**Tickets pulled at the Bruin Bash. Each ticket includes 1
admission to the Bruin Bash on November 8, 2025**

**Pick yours up in the back of church after
9 AM Mass or email Karianne at
BruinBash25@gmail.com to arrange your
purchase!**

**Entry to the Bruin Bash will be \$10 at the door for those that don't want a
raffle ticket, but still want to join the fun!**

(Must be 18+ to purchase, must be 21+ to attend Bruin Bash)

BETTER TOGETHER WELLNESS STARTS HERE

THREE EVENTS, ONE LOCATION

We are excited to invite you to a special day of activities. Engage, connect and have fun - there's something for everyone! There will be vendors providing medical and mental health screenings, senior services, flu shots, free produce, and more!



Monday, Sept. 22
Gamble-Nippert YMCA
3159 Montana Ave.

**513Relief
Bus
10 am - 2 pm**

**Kroger
Vaccination Station
Free flu shots,
shingles & other
immunizations
10 am - 1 pm**

**Produce
Pop-Up
12:30 - 2 pm**



MYCINNATI

ENROLL NOW/INSCRÍBASE AHORA



ACCEPTING NEW STUDENTS
ACEPTANDO NUEVOS ESTUDIANTES



FREE MUSIC PROGRAM
PROGRAMA DE MUSICA GRATIS

LEARN MORE/APRENDE MÁS:
MYCINNATI.ORG





Want to join the Bruin family? Come See Us!

Shadow Days for 8th graders

7:30 a.m. - 2:45 p.m.

- September 16, 18, 23, or 25
- October 1, 7, 22, 24, or 31
- November 11 or 18
- December 4

Pre-registration is required.

Open House for All Families

Thursday, Nov 6
5 - 8 p.m.

HSPT Test Date

Saturday, Nov 22, 8:30 a.m.
Pre-registration is required.

Walk-in Application Help

- At Shadow Day pick-up
- Thursday, Dec 4, 3-6 p.m.



513.861.0600 • 3440 Central Parkway, Cincinnati, OH 45225 •

www.discoverdepaul.org

DePaul Cristo Rey serves students who desire a college preparatory, Catholic education but could not otherwise afford one. Students earn their way to success by working at one of our Corporate Work Study Partners and every family receives financial assistance.



¿Quieres unirte a la familia Bruin? ¡Ven a conocernos!

Días de sombra (seguir a un estudiante) para estudiantes de 8vo

grado: 7:30 a.m. - 2:45 p.m.

- El 16, 18, 23 o 25 de septiembre
- El 1, 7, 22, 24 o 31 de octubre
- El 11 o 18 de noviembre
- El 4 de diciembre

Se requiere pre-inscribirse.

Evento de puertas abiertas

Jueves, 6 de noviembre, 5 - 8

p.m.

Fecha del Examen diagnóstico de High School (HSPT)

Sábado, 22 de noviembre, 8:30 a.m.

Se requiere pre-inscribirse.

Ayuda con la solicitud sin cita previa

- Durante la salida del día de sombra
- Martes, 4 de diciembre, 3 - 6 p.m.



513.872.3625 • 3440 Central Parkway, Cincinnati, OH 45225 •

www.discoverdepaul.org

DePaul Cristo Rey ofrece a los estudiantes que desean una educación católica preparatoria para la universidad pero que de otra manera no podrían pagarla. Los estudiantes obtienen su camino hacia el éxito trabajando en uno de nuestros Socios de Estudio de Trabajo Corporativo y cada familia recibe asistencia financiera.

**November 22nd High School Placement Test (HSPT) – Preparation
Opportunity**

Learn more and sign-up – www.RedwoodPrep.com

Jim Telles and I have been partners in instruction for over 25 years at St. Xavier High School and will be **offering an HSPT preparation course** for interested 7th and 8th grade students (boys and girls) **at St. Xavier High School on Saturday, October 11th and October 18th**. The actual HSPT exam will be held on Saturday, November 22nd ensuring the concepts and preparation learned in the course stay fresh for exam day.

This is an 8 hour preparatory course for the HSPT. The first 4 hours of instruction are offered on October 11th and the second 4 hours on October 18th. Students can register for the 8:00 AM – 12:00 PM or 12:30 PM – 4:30 PM session. The time slot that the student chooses to attend on October 11th is also the same time slot he or she will attend on October 18th. If inclement weather forces the cancellation of either weekend session, students are expected to be available on Saturday, October 25th for a makeup session.

Jim and I pioneered the study strategy course at St. Xavier High for incoming freshmen that welcomes over 300 kids over the summer. We enjoy teaching these programs and hearing about the great results our participants achieve. We work with *Redwood Prep*, a group of educators with a nationwide HSPT preparation curriculum and program, to offer an HSPT preparation program here at St. Xavier High.

Students often go into the HSPT exam lacking formal preparation leading to poorer results and more stress. Our two day program comprehensively prepares students and addresses all the key topics in each of the exam's 5 major areas: Verbal Skills, Mathematics, Reading, Language and Quantitative Skills. We also teach students key test-taking strategies applicable to the HSPT and – just as importantly – future standardized exams as well (e.g., time management, answer choice elimination). By program's end, students will know how to tackle every type of problem on the HSPT and know how to navigate standardized exams more effectively and efficiently.

To learn more and sign-up, visit www.RedwoodPrep.com.

We look forward to working with you and wish you all the best with your high school admissions process,

Paul Rieselman

prieselman@stxavier.org

St. Xavier High School
600 W. North Bend Road
Cincinnati, Ohio, 45224