

# St. Teresa of Avila

# February

USDA Daily Requirements K thru 8  
 Protein 1.5 oz. per, Fruits 4oz, Vegetables 4oz, Whole Grains 1 serving

This institution is an equal opportunity provider.

5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
Cincy Chili Mac	Breakfast	Chicken Day	Cheeseburger	Pizza
Cincy Chili, Cheddar Cheese, Mac Noodles Carrots 4oz Madeiran Oranges	Mini Maple Waffles 2 turkey sausage links 1 Hash Brown 4oz Pineapple	3 chicken fingers 6oz Green Beans 4oz Applesauce	2oz Cheeseburger 6oz Baked Beans 4oz Fresh Fruit	WG Pepperoni Pizza 1/2 cup Romaine Salad w/ Ranch 4oz Pears
12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
Chicken Sandwich	Breakfast	Pretzel Bites (Ash Wednesday)	Corn Dogs	No School Lent
2oz chicken sandwich 6oz Green Beans 4oz Applesauce	WG Pancakes 2 turkey sausage links 1 Hash Brown 4oz Pineapple	WG Soft Pretzels w/ Cheese 6oz Smile Fries 4oz Madeiran Oranges	Mini Corn Dog Bites 6oz Baked Beans 4oz Fresh Fruit	Off Day
19-Feb	20-Feb	21-Feb	22-Feb	23-Feb
No School	Breakfast Sandwich	chicken fingers	Cheese Cones	Pizza Lent
Presidents Day	Sausage, Egg and Cheese Biscuit Hash Browns 1 4oz Pineapple	3 chicken fingers 6oz Green Beans 4oz Applesauce	2oz Hot dog with WG Bun Cincy Chili and Cheese 6oz Baked Beans 4oz Fresh Fruit	WG Cheese Pizza 1/2 cup Mixed Vegetables 4oz Pears
26-Feb	27-Feb	28-Feb	29-Feb	1-Mar
Pasta Bake	Breakfast	Chicken Sandwich	Nachos	Breadsticks Lent
8oz Penne Pasta w/ Tomato Sauce and Mozzarella Cheese Garlic Bread 4oz Madeiran Oranges	4 Cinnamon French toast 2 turkey sausage links 1 Hash Brown 4oz Pineapple	2oz chicken sandwich 6oz Green Beans 4oz Applesauce	Corn Tortilla Chips, 1.5oz Taco Beef & Black Beans 1oz Shredded Cheese 6oz Tomato Salsa 4oz Madeiran Oranges	2 Cheese Stuffed Breadsticks 2oz Tomato Dipping Sauce 4oz Steamed Broccoli 4oz Pears

Everyday Entrée available served with daily side and fruit