

St. Teresa of Avila School

September

USDA Daily Requirements K thru 8

Protein 1.5 oz. per, Fruits 4oz, Vegetables 4oz, Whole Grains 1 serving

This institution is an equal opportunity provider.

Meal Price
\$4.25

Extra Entrée
\$2.25

4-Sep	5-Sep	6-Sep	7-Sep	8-Sep
	Breakfast for Lunch	Chicken Day	Cheese Burger	Pizza
No School Labor Day	2oz Scrambled eggs, 1 Hashbrown 1 Blueberry Muffin 4oz Pineapple	3 chicken fingers 6oz Green Beans 4oz Applesauce	2oz Cheeseburger 6oz Baked Beans 4oz Watermelon	WG Pepperoni Pizza 1/2 cup Romaine Salad w/ Ranch 4oz Pears
11-Sep	12-Sep	13-Sep	14-Sep	15-Sep
Nacho's	Breakfast for Lunch	Chicken Sandwich	Corn Dogs	Breadsticks
Corn Tortilla Chips, 1.5oz Taco Beef & 1oz Shredded Cheese 6oz Tomato Salsa 4oz Madeiran Oranges	Mini Maple Waffles 2 turkey sausage links 1 Hash Brown 4oz Pineapple	2oz chicken sandwich 6oz Green Beans 4oz Applesauce	Mini Corn Dog Bites 6oz Baked Beans 4oz Watermelon	2 Cheese Stuffed Breadsticks 2oz Tomato Dipping Sauce 4oz Broccoli w/ ranch 4oz Pears
18-Sep	19-Sep	20-Sep	21-Sep	22-Sep
Pasta Bake	Breakfast for Lunch	chicken fingers	Hot Dogs	Pizza
8oz Penne Pasta w/ Tomato Sauce and Mozzarella Cheese Garlic Bread 4oz Madeiran Oranges	Scrambled eggs 1 Hash Brown Blueberry Muffin 4oz Pineapple Tidbits	3 chicken fingers 6oz Green Beans 4oz Applesauce	2oz Hot dog with WG Bun 6oz Baked Beans 4oz Watermelon	WG Pepperoni Pizza 1/2 cup Romaine Salad w/ Ranch 4oz Pears
25-Sep	26-Sep	27-Sep	28-Sep	29-Sep
Chili Mac	Breakfast for Lunch	Chicken Sandwich	Soft pretzels bites	Breadsticks
8oz Cincy Chili, Kidney Beans, Mac Noodles 1oz Cheddar Cheese 6oz Carrots 4oz Madeiran Oranges	4 Cinnamon French toast 2 turkey sausage links 1 Hash Brown 4oz Pineapple	2oz chicken sandwich 6oz Green Beans 4oz Applesauce	6 Soft Pretzels Bites w/ 2oz Cheese Sauce 5 Smile Fries 4oz Watermelon	2 Cheese Stuffed Breadsticks 2oz Tomato Dipping Sauce 4oz Broccoli w/ ranch 4oz Pears

Everyday Entrée available served with daily side and fruit

Peanut butter & Jelly
Bagel W/ Cream Cheese
Cheese Sandwich

